

BUTTERFLY DAZE

Choreographed by: Amy Spencer and Adam Berman

64 count, 2 wall, int/adv dance; Restart on wall 2 after 48 counts (facing 6:00)

Song: Butterfly by Jason Mraz

Spin full turn right, side, cross, hip roll right left, hand, body roll, heels up, 1/4, drop heels, body roll

- 1-2 Full spin as either a pirouette or hook turn weight on Left foot with Right foot in hook position turning to Right.
3 & Step down on the ball of the Right foot cross the Left over the Right
4 & Step Right to Right side with hip roll motion – Step Left to Left Side with hip roll motion
5-6 Place Right hand on chest pushing chest in causing a downward body roll
& 7 Pick up both heels on the & count and turn body 1/4 turn to Left, drop heels on 7
8 Recover body from down position by rolling the body back upward

Push, recover & fwd, heels 1/2 turn twist, kick & rock & fwd, touch, back

- 1-2 Push weight fwd on ball of Right foot roll hip outward and recover weight on Left
& 3 Step ball of Right foot down in place and switch Left foot to fwd position
& 4 Pick up both heels and twist 1/2 turn to right and put heels down
5&6& Kick right foot fwd cross the Right, rock out over the Left foot then recover weight to Right
7 & 8 Step Left foot fwd touch Right in behind the Left then step back on the Right

Kickx2, 1/4, behind, side, cross, twistx2, back, together, fwd, deep 1/4

- 1 & 2 Left foot kicks out to side 2x in a swing motion from front to back making a 1/4 turn to Left then step down on the Left foot
3 & 4 Right foot sweeps behind, Left foot steps open, Right crosses over Left
&5&6 Twist heels out and knees in then recover, quick step back with Right then Left closes next to Right
7-8 Step fwd with Right into a deep pivot making a 1/4 turn to Left (weight should transfer to Left)
Lift knee & swing foot, side, slide 1/4, together, roll rib cage twice
1&2 Lift Right knee swing foot inward then outward
&3-4 Step Right to Right side touch Left next to Right, slide Left back making 1/4 turn Left, close Right next to Left
5-6 Roll rib cage counter clockwise as knees plié (deep bend)
7-8 Roll rib cage counter clockwise as knees plié (deep bend)

Rock & cross twice, kick fwd, kick back, 1/2, step down, together

- & 1-2 Rock out to the Right on ball of Right, step Left in place, cross Right over left
& 3-4 Rock out to the Left on ball of Left, step Right in place, cross Left over Right
5 & 6 Kick Right fwd, then push the Right behind, leaving Right off the floor flip body to make a half turn to the Right.
7-8 Exaggerate step down on Right to Right side, close Left next to Right.

Fan, hand, snap, rock & cross twice

- 1 & 2 Toes on both feet fan out, heels fan out, toes fan again
3-4 Right hand makes a counter clockwise roll, then snap fingers
&5-6 Rock out to the Right on ball of Right, step Left in place, cross Right over left
&7-8 Rock out to the Left on ball of Left, step Right in place, cross Left over Right **Restart here on wall 2**

Heel pumps 1/4 twice, tapx2 & kick, behind, 1/2, jump out, jump in

- 1-2 Two heel pumps making a 1/4 turn with each pump to Right
3 & 4 Tap Right heel on floor 2x, release weight back onto Left foot and kick Right foot
5-6 Swing and lock Right behind Left, unwind 1/2 turn right
7-8 Jump out to sides on both feet (knees bend), jump in on both feet (straight legs, weight on Left)

Grab knee, together, triple, grab knee, cross, ball step, unwind 1/2

- 1-2 Hinge Right knee by grabbing right Knee with Right hand and wiping brow with Left, step Right next to Left.
3 & 4 Triple step moving to Left Side: Left, Right, Left
5-6 Hinge Right knee by grabbing right Knee with Right hand and wiping brow with Left, cross Right behind Left.
&7-8 Step on ball of Left, step Right fwd, unwind 1/2 turn to left stepping down on Left slightly fwd so you are prepared to start dance over with the full hook turn.